

# ENTREE

AN UNCOMPROMISING AND  
CONFIDENTIAL TRAVELERS  
NEWSLETTER • PUBLISHED  
MONTHLY • AN INSIDER'S LOOK  
AT HOTELS, RESTAURANTS &  
TRAVEL AROUND THE WORLD

May 2007

## *In This Issue:*

*Founded 1981...our 26th year*

The *Chatham Bars Inn* is transformed  
The weird and wonderful *Posada de los  
Destiladeros* in *Panama*  
ENTREE selects *Mermis-St. Clair* as our  
preferred *Santa Barbara* real estate contact  
*Romanov* is Russki heaven in *Studio City*  
Applause for the *San Juan Marriott Resort &  
Stellaris Casino*  
Visiting *Argentina's* wine country in *Mendoza*  
*Semplice*: a superb new Italian in *London*

ENTREE welcomes *Striker VIP*, the ultimate  
*Las Vegas* insider  
Brief notes on our latest *Las Vegas* trip  
Things ENTREE loves and hates  
Drinking and reading: excellent books and  
wines  
The emergence of the *Hyatt Regency Century  
Plaza* as a top L.A. hotel  
A slow drive in the *Low Country*

**T**OP SHELF BOOKS: A BOOK ADDICT'S TREASURY, *FRANCES  
Lincoln* publishers, by *Lynda Murphy* and *Julie Rugg*, a quirky  
compilation of snippets, writings, sayings and anecdotes over the  
ages—all to do with books. This collection focuses on loving books,  
collecting books, devouring books, smelling books, and storing books, with lots  
on the wonderful pleasure of book-buying and the art of properly settling down  
with a good book. THE PORTION TELLER: The No-Diet Reality Guide to

Eating, Cheating and Losing Weight Permanently, *Morgan Road Books*, \$14, in  
which Dr. Lisa Young has put together a complete system to control how much  
we eat. Ever-morphing nutrition and health advice is hurled our way every day,  
causing constant confusion. Yet we all know the secret to managing weight is  
portion control, and Dr. Young's make-sense approach is well-scribed advice that  
teaches us easily and memorably how to gauge when enough is enough and how  
to smart-size our eating choices for maximum health benefits. As seen on Oprah,  
her book is available online at [www.portionteller.com](http://www.portionteller.com) and at major bookstores.